### Practice of Teaching Reform of English Education Majors in the Context of "Curriculum Thought and Politics"

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**Abstract:** From the current teaching practice of english education specialty ," curriculum ideological and political "is the main educational development trend in the future, and there are obvious differences between english education and other subject education, so we should also adopt targeted teaching reform countermeasures in teaching practice, change the defects and disadvantages of traditional teaching mode, optimize the traditional teaching form, and finally realize the effective improvement of teaching quality. Under the background of "course thought and politics", this paper expounds and analyzes the practical countermeasures of the reform of English education specialty in detail, hoping to play a positive role in promoting the development of English education.

## 1. The Main Problems in the Reform of English Education Specialty under the Background of "Curriculum Politics"

Lide people is one of the basic goals of English education major, especially in the background of "curriculum ideological and political education ", English education major should actively change the traditional education and management concept, and take the cultivation and promotion of students' comprehensive quality as the main direction of teaching reform. However, from the current practice of English education, there are still many problems. Therefore, in order to achieve the ideal effect of the reform of English education specialty, teachers should give full play to the advantages of ideological and political education in teaching practice, combine the overall characteristics of English education specialty, improve students' comprehensive quality of English at the same time, effectively improve students' ideological, political and moral cultural level, and lay a solid foundation for future study and development.

(1) Lack of sufficient attention to teaching reform

The concept of examination-oriented education has a long history and is deeply rooted in the minds of teachers and parents. Therefore, in the normal learning process, teachers and parents pay attention to the students' written results in the examination, which directly influences the teaching trend of English education specialty, which makes more teachers focus on the subjects in the education practice, and discuss how to improve the students' test performance and pass the grade examination gradually become the main research of teachers [1]. From the actual situation of English education specialty teaching, the teaching form and teaching quality can not meet the students' actual learning needs, and there is still a big gap between the overall effect of English education specialty teaching and the basic standard of quality education. In such a teaching situation, teachers often lack a good sense of teaching innovation in the teaching process, satisfied with the current situation of education development, so a lot of outside interference flocked to the "curriculum ideological and political" background of English education professional teaching reform can not be ignored.

(2) The traditional teaching concept occupies a dominant position, and there is no room for application of "ideological and political curriculum"

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The concept of teaching is formed in the long-term development of educational practice, and the formation of teaching concept and many factors are very closely related. In the past teaching practice, the evaluation of teaching quality and students' quality in the form of examination achievement theory greatly affects the development of teaching concept, so in the teaching practice, many teachers will concentrate their main teaching energy on the students' examination-oriented, so the formulation of teaching plan and the choice of teaching measures will revolve around the goal of improving students' examination results. And for other aspects of content, teachers rarely focus on. As a new educational idea, " curriculum thought and politics "needs teachers to abandon the influence of traditional educational concept in time and dare to break the shackles of achievement-only teaching idea in order to get better application in the practice of English education teaching reform [2]. Change begins with education and starts with innovation, but traditional ideas have always dominated the minds of teachers, so there is little room for new teaching ideas and teaching forms to apply. Therefore, in order to effectively improve the practice quality of English education professional teaching reform under the background of "curriculum ideological and political ", teachers still need to make more efforts and try.



Figure 1 Teaching reform

#### (3) Teachers still dominate the process of teaching reform

Judging from the current practice of educational development, many teachers occupy an absolute dominant position in the process of students' learning, whether it is the development of classroom teaching activities or the whole process of learning, it is basically controlled by teachers, and students are almost always on the track defined by teachers in the process of learning. And the reality is that teachers often know the way of the examination, understand the key objects in the examination, so they also deliberately strengthen the content of the examination in the normal teaching process, which is also an effective way to help students get good test results. In such a teaching mode, the students' learning process is mechanical and passive, and the dependence on teachers is gradually increasing, and the consciousness of autonomous learning is poor. Once separated from the guidance of teachers, students themselves do not know how to carry out learning activities [3]. The reform of English education professional teaching under the background of "curriculum ideological and political" emphasizes highlighting the core position of students in the learning process, so all teaching activities are carried out for students' learning service, which deviates from the current educational concept. Therefore, if we want to promote the reform of English education professional teaching under the background of "curriculum ideological and political" to achieve good results, we still need to explore and improve, which is also the basic requirement of English education professional teaching reform.

# 2. The Effective Implementation of the Reform of English Education Specialty in the Context of "Curriculum Thought and Politics"

(1) Improving the comprehensive quality of teachers and laying a solid foundation for the implementation of teaching reform

Teaching itself is an art, a knowledge that should be carefully studied. From the actual situation of teaching, different teachers when teaching, the teaching effect is also different. At the same time, in the use of various new forms of teaching, teachers also need to have a more advanced education

concept. Therefore, in order to ensure the effectiveness of the reform of English education in the context of "curriculum ideological and political ", teachers need to have a good sense of learning, actively accept new educational ideas, constantly learn the relevant contents of" curriculum ideological and political "teaching, deeply understand the connotation of" curriculum ideological and political "teaching methods, and constantly enrich and improve themselves. We should have a good sense of teaching innovation, be good at using flexible and changeable teaching forms, optimize and adjust the contents of English education courses, and improve students' feeling, performance and creative ability of knowledge [4]. In addition, teachers also need to be full of love for teaching, to be able to devote their own efforts to students, teaching as their own lifelong career. Teachers should reflect on and summarize the problems in the process of teaching reform in time, analyze the reasons behind the problems in depth, and all kinds of obstacles in the background of "curriculum thought and politics", then combine with the actual situation, formulate practical implementation plan of teaching reform, adjust their own teaching thinking, and promote the reform of English education professional teaching quality under the background of" curriculum thought and politics "while ensuring the continuous improvement of their own education quality.



Figure 2 Quality of teaching reform

(2) Teaching English in accordance with their aptitude and promoting the pertinence of the reform of English education specialty

In the process of students' learning, there are great differences in the overall quality of students because of their growing experience and learning style. In the course of teaching English education, teachers should not only ensure that the teaching reform conforms to the students' overall learning characteristics, but also pay full attention to each student, pay attention to observing the students' individuality and commonness, and then take it as the basis to make the teaching goal and optimize the teaching method, so as to make it conform to the basic requirements of the "curriculum ideological and political" background [5]. That is to say, in the practice of teaching reform of English education specialty under the background of "curriculum ideological and political ", teachers should have a good overall consciousness, when combining ideological and political education, they can connect each teaching link together, construct the classroom teaching activity into an organic whole, let the students really walk into the" curriculum ideological and political "teaching situation created by teachers, strengthen each student's real feeling, and better experience the pleasure of learning English knowledge. On this basis, pay attention to the learning situation of different students, especially the students with weak foundation, in the key and difficult parts, teachers should give targeted explanation, reasonably control the teaching rhythm, and improve students' learning confidence.

(3) using ideological and political education to stimulate students' interest in English learning

Students' interest in learning should be the focus of teachers' attention in the process of teaching. Only when students are interested in what they have learned, can they give full play to their subjective ability in the process of learning.[6]. However, on the contrary, if students lack interest in learning knowledge, then the whole teaching process will be pushed forward by teachers, and the pressure of learning will increase day by day, and finally the vicious circle will affect the overall effect of students' learning. Therefore, it can be said that learning interest is the initial driving force for students to learn and explore knowledge, and it is also a problem that teachers should pay full attention to in the process of teaching reform of English education specialty under the background

of "curriculum ideological and political". Therefore, in the process of teaching English education, teachers should fully explore the connotation of English knowledge, combine ideological and political education, stimulate students' desire to explore and learn English knowledge deeply, change students' passive and negative mentality in the process of learning, give full play to teachers' bridge and media role in the process of students' learning, become passive and become active, and improve the overall quality of English education professional teaching.



Figure 3 Teaching English majors

#### 3. Conclusion

To sum up, in the process of teaching reform of English education specialty, teachers should fully combine the educational background of "curriculum thought and politics", combine ideological and political education with English teaching organically, improve students' comprehensive quality, and promote the reform of English education specialty teaching to achieve good results.

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